

# Full & New Moon Lunar Calendar

The moon may not speak, but she can teach you many things if you're patient and attentive. The ebb and flow of the lunar cycle is a guide for the periods of activity and rest that you experience in your own life, on both a daily and seasonal scale. Facilitating a connection to the moon and her energies will help you cultivate a deeper understanding of yourself on a soul level.

Reclaiming your wisdom of the moon can fuel a personal journey of self-discovery, inner work, and soul-level healing. Most of this deep transformation comes from getting involved and active with lunar energy. Ceremony, ritual, meditation, and connecting with your crystals are all important parts of developing this skill and pushing ever further into the cosmic energy that inspires so much of who you are and how you engage with the world around you.

This journey starts with staying in touch with the moon's phases and energies. I hope this calendar will help you stay in tune with the moon.

### Gather Together

FOR THOUSANDS OF YEARS WE HAVE GATHERED IN THE LIGHT OF THE FULL MOON...

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# The Lunar Cycle

What is the Lunar Cycle?

The Lunar Cycle is the time it takes for the Moon to orbit the Earth, which is about 29.5 days.

It is divided into eight phases: New Moon, Waxing Crescent Moon, First Quarter Moon, Waxing Gibbous Moon, Full Moon, Waning Gibbous Moon, Third Quarter Moon, and Waning Crescent Moon. The New Moon is associated with New beginnings, the Waxing Moon with growth, the Full Moon with abundance and manifestation, and the Waning Moon with release and letting go.

Many people today use the phases of the Moon to guide their intentions, rituals, and decisions. The Lunar Cycle has been recognized as a significant aspect of human life for centuries.

It is believed that the phases of the Moon can affect the tides, animals, and human behavior.

Many cultures throughout history have respected the Lunar Cycle for its influence on the natural world and human behavior.

By understanding the Lunar Cycle, you can align your actions with the natural rhythms of the Earth and tap into the energy of the Moon.

### Understanding the Lunar Cycle



Waxing Gibbous Moon



First Quarter Moon



Waxing Crescent Moon



Full Moon



Waning Gibbous Moon



Last Quarter Moon

New Moon

Moon's Orbit (viewed from the north)



Waning Crescent Moon

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# Moon Phases

### NEW MOON

This is the time of new beginnings. Be open. Spend some time dreaming big.

### WAXING CRESCENT MOON

Now is the time to set intentions and send them out to the Universe.



### FIRST QUARTER MOON

The moment to take action has arrived. Do not let obstacles stop you in your tracks.



### WAXING GIBBOUS MOON

Your intentional actions are gaining momentum in this phase. Make sure you stay in alignment.



### FULL MOON

A time to reap the reward of your hard work. Be sure to practice gratitude during this time.



### WANING GIBBOUS MOON

Start integrating the new lessons you've learned and the experiences you've had into your psyche. Go inward and reflect.



### LAST QUARTER MOON

Release and let go the things that no longer serve you.



### WANING CRESCENT MOON

A time for rest and restoration.

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# NEW MOON

The new moon is a time to plant the seeds for those thing that you wish to create or manifest. This is the time to make plans and stay present in the moment. Make time for yourself and what's most important to you.



- ADVENTURE
- ANTICIPATION
- NEW OPPORTUNITIES
- BLESSINGS
- SURPRISES
- WISHES

#### 3 BEST CRYSTALS FOR THE NEW MOON



GOLDEN TIGER'S EYE





RHODONITE

RAINBOW MOONSTONE

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# New Moon Crystal Ritual

This new moon ritual can help you get clarity about your soul path and set intentions for the coming month. Make time for yourself and what's most important to you. What better way to do this than through a new moon crystal ritual...

#### Suggested Supplies:

- A journal or some paper
- A pen or pencil
- Space clearing supplies like a bell or a Selenite Wand
- A black candle to represent the dark of the new moon
- A Black Moonstone to connect you to the new moon energy
- A Rhodonite, Golden Tiger's Eye, or Rainbow Moonstone (optional)
- Some relaxing music (optional)
- Incense, especially Rose (optional)



LIGHT SOME ROSE INCENSE & A BLACK CANDLE

#2			
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HOLD A BLACK

MOONSTONE WITH

YOUR EYES CLOSED

#3

WRITE AFFIRMATION STATEMENT FOR MANIFESTING



VISUALIZE YOUR INTENTION COMING TO PASS

#### Get the full ritual tutorial here:

https://loveandlightschool.com/new-moon-crystal-ritual-with-black-moonstone/

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# WAXING CRESCENT MOON

The waxing crescent moon is a time for personal growth and experiencing life to the fullest. This phase is all about gain; gaining new experiences, new things, or new personal beliefs. This is the best possible time to start new projects, take on new roles, and step into your personal power.

WAXING CRESCENT MOON ENERGY

- ACTION
- EXPANSION
- MANIFESTING
- POWER
- PROGRESS
- WISDOM



#1 REVIEW ANY

INTENTIONS SET DURING THE PREVIOUS NEW MOON PHASE

HOLD A BLACK MOONSTONE CRYSTAL



YOUR GOALS

#4

PLACE A GREEN AVENTURINE STONE ATOP YOUR PAPER

#### 3 BEST CRYSTALS FOR THE WAXING CRESCENT MOON

#2



GREEN AVENTURINE







NEPHRITE JADE

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### FIRST QUARTER MOON

The first quarter moon is all about creating something new and ditching the things, people, ideas, and beliefs that no longer serve you. Out with the old and in with the new! Be creative during this process and don't be afraid to speak up and communicate what you need, especially in your personal relationships.

#1

FIRST QUARTER MOON ENERGY

- LOVE
   REMOVING
- OBSTACLES
- ROMANCE
- WELLNESS
- COMMUNICATION BRAVERY

FIRST QUARTER

FIND A QUIET SPOT IN NATURE & GET COMFORTABLE #2

SET A WHITE MOONSTONE ON THE EARTH

**VISUALIZE THE STONE GLOWING WITH** UNIVERSAL LIGHT

#3

#4

HOLD THE STONE OVER YOUR HEART & CELEBRATE YOURSELF

#### 3 BEST CRYSTALS FOR THE FIRST QUARTER MOON

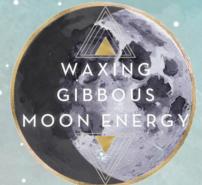


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### WAXING GIBBOUS MOON

The waxing gibbous moon is all about pausing to celebrate your small achievements in life rather than always waiting for the big moments to come. It's about relaxing into the plans you've made and just letting things unfold.

#1



- ACCEPTANCE
- CELEBRATION
- DISCERNMENT

TOSS THE CITRINE

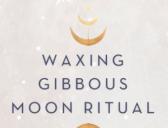
STONE INTO

THE WATER

#3

- UBILATION
- SURRENDER
- TRANQUILITY

#4







HOLD A CITRINE & FILL IT WITH POSITIVE ENERGY

YOU'VE DONE YOUR PART, NOW TURN IT OVER TO THE UNIVERSE

#### 3 BEST CRYSTALS FOR THE WAXING GIBBOUS MOON





CITRINE



SNOWFLAKE OBSIDIAN

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### FULL MOON

The full moon is a time for receiving the things you've been sowing since the previous new moon in this lunar cycle. This is a peak time for your intuition and psychic awareness, so pay close attention to any sign and symbols being presented to you. Be at ease and allow yourself to be fully immersed in this powerful lunar energy and feel the sensation of wholeness and completion that it brings you.

#1

USE THIS TIME OF

HEIGHTENED

INTUITION FOR

CARTOMANCY

FULL MOON

RITUAL



- **INTUITION**
- ACHIEVEMENT
- COMPLETION
- MANIFESTATION
  - #3

CARDS TO MATCH

CHOOSE A SPREAD & DRAW TAROT OR ORACLE



JOURNAL ABOUT YOUR RESULTS & EXPERIENCES

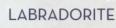
#### 3 BEST CRYSTALS FOR THE FULL MOON



AMETHYST



WHITE MOONSTONE



- DREAMS
- FLOW
  - **PROTECTION**
  - WHOLENESS

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#2



THINK ABOUT WHAT YOU NEED GUIDANCE ABOUT

# A Best Crystals for the Full Moon

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# Full Moon Crystals: Amethyst

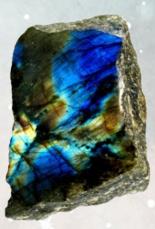


Helps you decipher messages from your intuition during this time of heightened psychic awareness

People have been using Amethyst to connect with intuition and psychic skills since the time of the ancient Romans. Incorporate Amethyst into your Full Moon divination practice for ease in deciphering the messages and information you receive. Alternatively, call upon Amethyst's protective abilities and charge your crystal with Full Moon energy to create a powerful protection talisman.

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# Full Moon Crystals: Labradorite



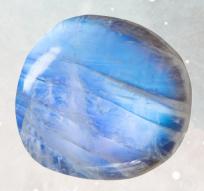
Work with this stone to enhance your lunar rituals or to promote insightful dreams.

Labradorite is a mystical stone that gets its brilliant flash from reflected light, similar to how the full moon is illuminated by reflected light from the sun. The energy of Labradorite and the energy of the Full Moon are like kindred spirits. Work with them together to enhance any Full Moon rituals or activities. You can also use Labradorite during this moon phase to facilitate lucid dreaming and to promote insightful, intuitive dreams. Tuck a piece of Labradorite into your pillowcase or create a simple rectangular grid using four pieces around your bed to have an out-of-thisworld dream experience.



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# Full Moon Crystals: Rainbow Moonstone



Encourages you to get in tune with the moon & stay in flow with the lunar cycle all month long.

Believe it or not, Rainbow Moonstone is a white variety of Labradorite. They're the same stone, but where Labradorite has flashes of color on a dark, gray-colored crystal, Rainbow Moonstone has flashes of color on a light, white-colored stone. Rainbow Moonstone works similarly to Labradorite for dreamwork, but it also encourages you to stay in flow with the lunar cycle all year long. Some people tend to notice the moon only when it's full, but they miss out on the true benefits of living in tune with the moon. Work with Rainbow Moonstone to cultivate a lasting lunar practice that will serve you all cycle long.

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# Full Moon Crystals: White Moonstone

Aids in manifesting & mimics the energy of wholeness and completion embodied by the full moon.

White Moonstone is a member of the Orthoclase Feldspar group of minerals, different from Rainbow Moonstone (which is actually a member of the Labradorite Feldspar group). With its soft, white shimmer, it's no wonder it was named for its resemblance to the moon. This crystal mimics the energy of wholeness and completion embodied by the full moon. If you feel like something has been missing from your life, wear or carry White Moonstone to draw it to you. This crystal has a dynamic, receptive energy that makes it great for manifesting what you desire.

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# Full Moon Crystal Ritual

Because the full moon is a time of heightened intuition and enhanced psychic skills, one of the best ways to connect with its energy through ritual is by using cartomancy. Cartomancy is the ancient art of card reading divination. Tarot cards are one of the most popular historical systems of card reading, but many modern mystics use oracle cards as well.

### Try this eight-card spread on the evening of the full moon to provide insight into the time between this full moon and the next.

You can repeat this reading each full moon for a look at the month ahead. Start by shuffling a deck of your favorite oracle cards (crystal themes cards are great for this!). Place eight cards in a circle, starting at the twelve o'clock position and moving clockwise until you have pulled eight cards. Use the meaning of the card positions below to put the symbols, words, and imagery from each card into context.

#### Get the full ritual tutorial here:

https://loveandlightschool.com/4-crystals-to-amplify-the-energy-of-the-full-moon/



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# Full Moon Crystal Ritual

#### CARD 1:

New Moon This card represents new beginnings and new opportunities that are on the horizon.

#### CARD 2:

Waxing Crescent Moon This card represents things that you're actively manifesting into your life right now.

#### CARD 3:

First Quarter Moon This card represents things that need to be communicated, especially things related to your relationships.

#### CARD 4:

Waxing Gibbous Moon This card gives advice about things to consider when making an important upcoming decision.

#### CARD 5:

Full Moon This card reveals things you know to be true intuitively, but that you may be ignoring or reluctant to admit.

#### CARD 6:

Waning Gibbous Moon This card is a reminder of things you may need to reflect on at this time.

#### CARD 7:

Last Quarter Moon This card shows you areas in your life where you would benefit from more independence.

#### CARD 8:

Waning Crescent Moon This card represents things that need to be released from your life before you can move forward.

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# Full Moon Crystal Ritual











f INS 1 UUI\*INTEN This card represents things that need to be communicated, especially things related to relationships.

RST QUARTER



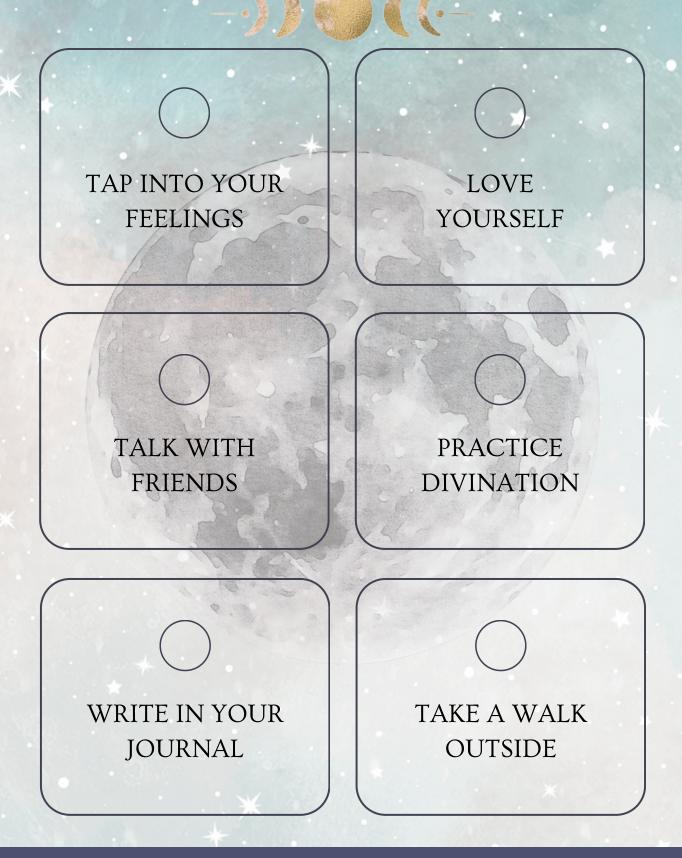


This card reveals things you know to be true intuitively, but that you may be ignoring.



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# Full Moon Self-Care



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### How to Make Full Moon **Crystal Moon Water**

Choose a crystal 1. that corresponds to lunar energy

2. Choose a moon phase aligned with your intention



4. Place your moon crystal inside the smaller jar

3. Place a small jar inside of a larger jar near the window

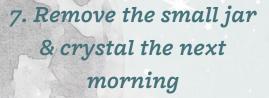
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### How to Make Full Moon Crystal Moon Water

5. Fill the large jar with water. do not put water in the small jar



8. Bottle the Crystal Moon Water & use within 3 days 6. Let your crystal moon water charge overnight



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# WANING GIBBOUS MOON

The waning gibbous moon is a time for reflecting on the things that have just been manifested or received during the most recent full moon phase. Accept the blessings that have come to you, as well as those that haven't, as being part of the universal plan for your highest good.



- BOUNDARIES
- DESTINY
- LETTING GO
- RECEIVING
   REFLECTION
- RUMINATION

WANING GIBBOUS MOON RITUAL



#1



ADD SOME BARLEY OR SOME CARAWAY SEEDS



KEEP YOUR POUCH NEAR A WINDOW



IF YOU NEED TO SET BOUNDARIES WITH SOMEONE, HOLD THE POUCH WHILE SAYING THEIR NAME ALOUD

#### 3 BEST CRYSTALS FOR THE WANING GIBBOUS MOON



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### LAST QUARTER MOON

The last quarter moon is all about finding your own inner strength. During the waning gibbous phase of this cycle you worked on detachment, but now it's time to take it to a whole new level by turning inward and discovering yourself now that you're not so focused on the world around you. Embrace this independence, but maintain your compassion and empathy for others remember we're all one.



- COMPASSION
  - **FPIPHANY**
  - **INDEPENDENCE** STRENGTH
- ONENESS
- SOLITUDE

LAST QUARTER MOON RITUAL

HOLD A PEACH MOONSTONE IN YOUR RECEIVING HAND

#1

HOLD A PYRITE STONE IN YOUR DOMINANT HAND

#2

#3

FEEL THE ENERGY FLOW THROUGH YOU IN A LOOP

#4

FEEL YOURSELF COME INTO BALANCE

#### **3 BEST CRYSTALS FOR THE** LAST QUARTER MOON

CLEAR

QUARTZ



PYRITE



RHODOCHROSITE

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### WANING CRESCENT MOON

The waning crescent moon is all about retreating inward and getting in touch with your emotions. Allow yourself to feel deeply, create passionately, and release anything that's holding you back before starting fresh during the new moon.

#1

WANING CRESCENT MOON ENERGY

- EMOTIONS
  - RELEASE
- RELAXATION

#3

- REST
- SOLITUDE
- STILLNESS

WANING CRESCENT MOON RITUAL CUT A PIECE OF PAPER INTO SMALL RECTANGLES

0880800

#2

PUT THE PAPERS

IN A BAG & HOLD A BOTSWANA AGATE STONE IN YOUR HAND



PULL EACH PAPER OUT OF THE BAG & VISUALIZE RELEASING STAGNANT ENERGY

#### 3 BEST CRYSTALS FOR THE WANING CRESCENT MOON

WRITE SOMETHING

YOU WANT TO RELEASE

**ON EACH PAPER** 



APRICOT BOTSWANA AGATE



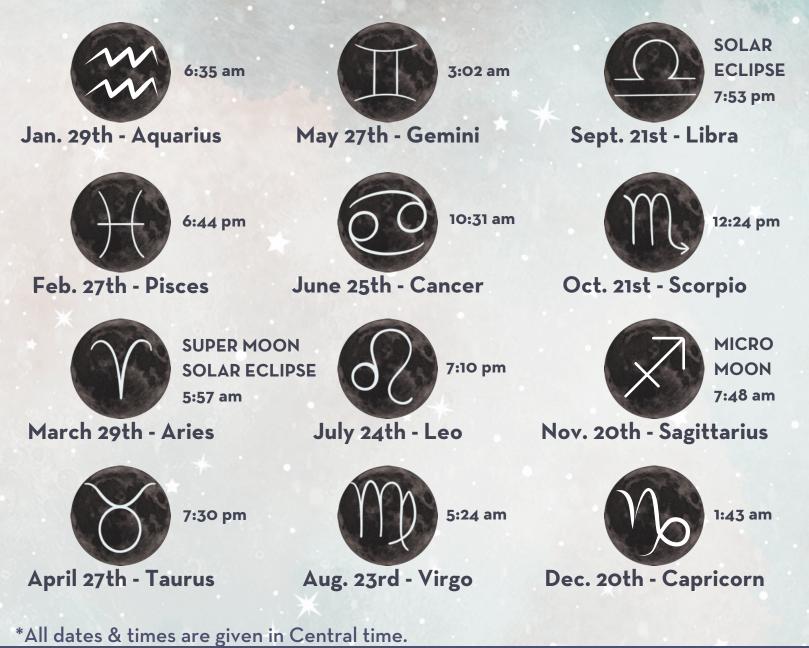
TANGERINE MOONSTONE



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# New Moons 2025

The New Moon is a time for setting goals and intentions. Working with the new moon energy each lunar cycle helps you create a commitment to yourself and to your dreams. During the New Moon, you should focus your efforts and energy on planting the seeds of things you'd like to manifest. This lunar phase strongly supports the act of co-creation, so this is the time to get clear about what you want to manifest in your life. Manifesting and intention setting can be done at any time, but by aligning to the traditional associations of the new moon phase and boosting your new moon vibes with crystal energy, you'll have a winning combination for intention setting.



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### SETTING NEW MOON INTENTIONS

your new moon intention setting ritual, gather your crystals (3 mentioned on the previous page plus any you intuitively feel called to work with), these journal pages and a pen or pencil, and anything else that you might need for grounding, centering, and space clearing. Start by grounding and centering yourself. Then clear your space and your crystals using whatever method you prefer (incense, sound, etc.). Make yourself comfortable and hold your stone(s) in your hands while focusing on your intention for this lunar cycle. With each breath, you become more present in this moment and you gain clarity about your intention and what you want to call into your life during the new moon. Then fill out the following pages.

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To begin

### NEW MOON JOURNAL QUESTIONS

How do you feel about the intention you have set for this new moon?

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### NEW MOON JOURNAL QUESTIONS

What will your life look like and feel like once you manifest your intention?

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### NEW MOON JOURNAL QUESTIONS

What actions will you take to help manifest the intention that you have set for this new moon?

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### NEW MOON MAGIC

After you've

completed your new

moon journal pages, pick up

your crystals once again. Visualize your

intention coming to pass in as much detail as

possible. Then place these pages on your or in your

sacred space and place your crystals atop the pages until

the time of the full moon when you switch gears from

planning to manifesting your dreams, wishes, and desires.

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# Full Moons 2025

This is the peak time to engage your intuition and use your psychic gifts, so be on the lookout for any signs or symbols that present themselves in your life. Allow sensations of wholeness and completion to wash over you as your dreams are manifested into being. Finally, the Full Moon is a powerful time for divination work. Because your intuition is heightened during the period of the full moon, you'll feel more connected to your divination practice and the results will show it.



Jan. 13th - Cancer (4:26 pm) (Birch/Wolf/Old Moon) Feb. 12th - Leo (7:53 am) (Rowan/Frost/Ice Moon)



March 14th - Virgo (1:54 am) (Ash/Storm/Crow/Worm Moon) \*All dates & times are given in Central time.



April 12th - Libra (7:21 pm) (Alder/Growing/Fish/Pink Moon)

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#### MCRO

May 12th - Scorpio (4:55 pm) (Willow/Hare/Flower Moon)



(Oak/Hay/Buck Moon)

June 11th - Sagittarius (7:43 am) (Hawthorn/Strawberry/Rose Moon)



Aug. 9th - Aquarius (7:54 am) (Holly/Corn/Grain/Sturgeon Moon)



Oct. 7th - Aries (3:47 am) (Vine/Blood/Hunter's Moon)

July 10th - Capricorn (8:36 pm)



Sept. 7th - Pisces (6:08 pm) (Hazel/Fruit/Harvest Moon) \*All dates & times are given in Central time.

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Nov. 5th - Taurus (1:19 pm) (Reed/Beaver/Snow Moon)



Dec. 4th - Gemini (11:13 pm) (Elder/Cold/Long Nights Moon)



The full moon is the time to reap the rewards of the seeds you planted during the last new moon! The energy of the full moon is incredibly powerful, so be gentle with yourself and allow yourself to be fully immersed in this energy - go with the flow rather than fighting what is being revealed.

Although manifesting usually takes center stage during the time of the Full Moon, there's another important aspect to its energy that shouldn't be overlooked. The bright light of the full moon illuminates things that may otherwise be hidden to you and it calls your attention to potential roadblocks or challenges that, if left unchecked, can slow down your progress. This isn't to say these things must come to pass, only that if you remain on the present path, they could be issues. Luckily, the Full Moon is also known for its protective qualities, so with a little ritual and some course corrections, they won't be any trouble.

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# Crystals for the JANUARY FULL MOONS

### Jan. 13th - Cancer (4:26 pm)

### Best Crystals for the Cancer Full Moon



**Rainbow Moonstone** 

#### Crystals for the Birch Full Moon



#### Crystals for the Wolf Full Moon

- Black Moonstone Labrador Crystals for the Old Full Moon



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# Crystals for the FEBRUARY FULL MOONS

### Feb. 12th - Leo (7:53 am)

### Best Crystals for the Leo Full Moon

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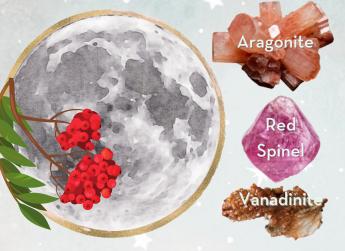




Danburite

Golden Tiger's Eye

Crystals for the Rowan Full Moon



#### Crystals for the Frost Full Moon

hrysanthemum Stone

m

Diamond

Pink Aventurine

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Crystals for the Ice Full Moon

Clear

Amethy

Quartz

Rose Quartz

# Crystals for the MARCH FULL MOONS

#### March 14th - Virgo (1:54 am)

#### Best Crystals for the Virgo Full Moon





Emerald

Moss Agate

Lode

Stone

Pink

Tourmaline

Green Aventurine

Crystals for the

Storm Full Moon

Crystals for the Ash Full Moon

> Green Aventurine

Morganite

Pink

Crystals for the Crow Full Moon

Black Tourmaline

> Apatite Rainbow

Blue

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CLIPSE

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# Crystals for the APRIL FULL MOONS

#### April 12th - Libra (7:21 am)

# Best Crystals for the Libra Full Moon







Sapphire

**Rainbow Fluorite** 

Crystals for the Alder Full Moon



#### Crystals for the Growing Full Moon

Blue Calcite

Chrysoprase

Green Naphrite Jada

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Crystals for the Fish/Pink Full Moon

MICRO



Larimar



# Crystals for the MAY FULL MOONS

### May 12th - Scorpio (4:55 pm)

### Best Crystals for the Scorpio Full Moon





Black Opal

Jet

Black Obsidian

Crystals for the Willow Full Moon





Pink Mangano Calcite

#### Crystals for the Hare Full Moon

Emerald



Rose Quartz Crystals for the Flower Full Moon



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# **Crystals for the** JUNE FULL MOONS

June 11th - Sagittarius (7:43 am)

#### Best Crystals for the **Sagittarius Full Moon**

2

Topaz



Lapis Lazuli

Crystals for the Hawthorn Full Moon



#### Crystals for the Strawberry Full Moon

Crystals for the Rose Full Moon



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Citrine

Honey

Calcite

Rose

Quartz

# Crystals for the JULY FULL MOONS

### July 10th - Capricorn (8:36 pm)

#### Best Crystals for the Capricorn Full Moon





Buddstone

Rainforest Jasper

Smoky Quartz

Crystals for the Oak Full Moon



#### Crystals for the Hay Full Moon

Crystals for the Buck Full Moon





lolite



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# Crystals for the AUGUST FULL MOONS

Aug. 9th - Aquarius (7:54 am)

Best Crystals for the
Aquarius Full Moon



Celestite





Blue Fluorite

Blue Lace Agate

Crystals for the Holly Full Moon



#### Crystals for the Corn Full Moon

Carnelian

Peach Aventurine

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Crystals for the Grain/Sturgeon Full Moon



# Crystals for the SEPTEMBER FULL MOONS

#### Sept. 7th - Pisces (6:08 pm)

### Best Crystals for the Pisces Full Moon



Amazonite



Larimar

Aqua Aura Quartz

Crystals for the Hazel Full Moon



#### Crystals for the Fruit Full Moon



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Crystals for the Harvest Full Moon



# Crystals for the OCTOBER FULL MOONS

#### Oct. 7th - Aries (3:47 am)

Best Crystals for the
Aries Full Moon

Crystals for the Vine Full Moon



Ruby



Red Garnet

Lava Rock





Celestite

Red

#### Crystals for the Blood Full Moon

Pink

Rub

Crystals for the Hunter's Full Moon

Jäsper

tromatolite

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# Crystals for the NOVEMBER FULL MOONS

#### Nov. 5th - Taurus (1:19 pm)

Best Crystals for the
Taurus Full Moon





Pink Opal

Rose Quartz

Brown Obsidian

Crystals for the Reed Full Moon



Crystals for the Beaver Full Moon

Petrified Wood

Shungite

Rainbow Sheen Obsidian Crystals for the Snow Full Moon



Selenite

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# \* Crystals for the DECEMBER FULL MOONS

#### Dec. 4th - Gemini (11:13 pm)

#### Best Crystals for the Gemini Full Moon





Howlite

Selenite

umortierit

Lapis

azuli

Shattuckit

Blue Apatite

Crystals for the Cold Full Moon Crystals for the Elder Full Moon

epidolite

Sodalite

Shungite

Aquamarine,

Hessonite

Garnet

Deac

Selenite





SUPER

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# January Moon Calendar

\*All dates & times are given in Central time.

Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
* *			1	2	3	4
			$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
5	6	7	8	9	10	11
$\bigcirc$	First Quarter Moon	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
12	13	14	15	16	17	18
$\bigcirc$	Full Moon 4:26 pm	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
19	20	21	22	23	24	25
Aquarius Season Begins	$\bigcirc$	Last Quarter Moon	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
26	27	28	29	30	31	
$\bigcirc$	$\bigcirc$	$\bigcirc$	New Moon 6:35 am	$\bigcirc$	$\bigcirc$	

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# February Moon Calendar

\*All dates & times are given in Central time.

Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
* .		•				1
			* .			$\bigcirc$
2	3	4	5	6	7	8
$\left \left(\right.\right)\right $	$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$	$\bigcirc$
			First Quarter Moon			
9	10	11	12	13	14	15
$\left( \right)$	()	()	32	()	$\left( \right)$	$\left( \right)$
			Full Moon 7:53 am			
16	17	18	19	20	21	22
$\left \right\rangle$	$\bigcirc$	$(\mathcal{H})$	$\bigcirc$		$\bigcirc$	$\bigcirc$
	$\bigcirc$	Pisces Season Begins		Last Quarter Moon		
23	24	25	26	27	28	
$\left( \right)$	()	()	()	$(\mathcal{H})$	()	
				New Moon 6:44 pm		

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# March Moon Calendar

\*All dates & times are given in Central time.



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# April Moon Calendar

\*All dates & times are given in Central time.

Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
* .		1	2	3	4	5
		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	First Quarter Moon
6	7	8	9	10	11	12 MICRO MOON
$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	Full Moon 7:21 pm
13	14	15	16	17	18	19
$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	Taurus Season Begins
20	21	22	23	24	25	26
Last Quarter Moon	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
27	28	29	30			
New Moon 2:30 pm	$\bigcirc$	$\bigcirc$	$\bigcirc$		×	

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# May Moon Calendar

\*All dates & times are given in Central time.

Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
* .		•		1	2	3
		+	*	$\bigcirc$	$\bigcirc$	$\bigcirc$
4	5	6	7	8	9	10
First Quarter Moon	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
11	MICRO MOON	13	14	15	16	17
$\bigcirc$	Full Moon 11:55 am	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
18	19	Gemini Season 20 <sup>Begins</sup>	21	22	23	24
$\bigcirc$	$\bigcirc$	Last Quarter Moon	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
25	26	27	28	29	30	31
$\bigcirc$		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
	New Moon 10:02 pm					

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# June Moon Calendar

\*All dates & times are given in Central time.

Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
1₩ 📩	2	3	4	5	6	7
$\bigcirc$	$\bigcirc$	First Quarter Moon	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
8	9	10	11	12	13	14
$\bigcirc$	$\bigcirc$	$\bigcirc$	Full Moon 2:43 am	$\bigcirc$	$\bigcirc$	$\bigcirc$
15	16	17	18	19	20	21
$\bigcirc$	$\bigcirc$	$\bigcirc$	Last Quarter Moon	$\bigcirc$	Cancer Season Begins	$\bigcirc$
22	23	24	25	26	27	28
$\bigcirc$	$\bigcirc$	$\bigcirc$	New Moon 5:31 am	$\bigcirc$	$\bigcirc$	$\bigcirc$
29	30					
$\bigcirc$	$\bigcirc$	*			*	

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# July Moon Calendar

\*All dates & times are given in Central time.

Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
* .		1	2	3	4	5
		$\bigcirc$	First Quarter Moon	$\bigcirc$	$\bigcirc$	$\bigcirc$
6	7	8	9	10	11	12
$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	Full Moon 3:36 pm	$\bigcirc$	$\bigcirc$
13	14	15	16	17	18	19
$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	Last Quarter Moon	$\bigcirc$	$\bigcirc$
20	21	22	23	24	25	26
$\bigcirc$	$\bigcirc$	Leo Season Begins	$\bigcirc$	New Moon 2:10 pm	$\bigcirc$	$\bigcirc$
27	28	29	30	31		
$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	*	

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# August Moon Calendar

\*All dates & times are given in Central time.

Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
31					1	2
First Quarter Moon					First Quarter Moon	$\bigcirc$
3	4	5	6	7	8	9
$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	Full Moon 2:54 am
10	11	12	13	14	15	16
$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	Last Quarter Moon
17	18	19	20	21	22	23
$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	Virgo Season Begins	New Moon 1:06 am
24	25	26	27	28	29	30
$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

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### September Moon Calendar

\*All dates & times are given in Central time.

Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
* :		1	2	3	4	5
		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
6	7	8	9	10	11	12
$\bigcirc$	Full Moon 1:08 pm		$\bigcirc$		$\bigcirc$	$\bigcirc$
13	14	15	16	17	18	19
$\bigcirc$	Last Quarter Moon	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
20	SOLAR ECLIPSE	22	23	24	25	26
$\bigcirc$	New Moon 2:53 pm	Libra Season Begins	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
27	28	29	30			
$\bigcirc$	$\bigcirc$	First Quarter Moon	$\bigcirc$		*	

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### October Moon Calendar

\*All dates & times are given in Central time.

Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
* :			1	2	3	4
			$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
5	6	7	8	9	10	11
$\bigcirc$	Full Moon 10:47 pm		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
12	13	14	15	16	17	18
$\bigcirc$	Last Quarter Moon	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
19	20	21	22	23	24	25
$\bigcirc$	$\bigcirc$	New Moon 7:24 am	Scorpio Season Begins	$\bigcirc$	$\bigcirc$	$\bigcirc$
26	27	28	29	30	31	
$\bigcirc$	$\bigcirc$	$\bigcirc$	First Quarter Moon	$\bigcirc$	$\bigcirc$	

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# November Moon Calendar

\*All dates & times are given in Central time.

Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
30						1
$\square$			*		*	$\bigcap$
$\left( \right)$		• • •				
			_ SUPER MOON			
2	3	4	5	6	7	8
$\left( \right)$	$\left( \right)$	()	NA	()	$\left( \right)$	()
			Full Moon 7:19 am			$\bigcirc$
9	10	11	12	13	14	15
$\left( \right)$		()				
			Last Quarter Moon			
16	17	18	19	MICRO MOON	21	22
$\bigcap$	$\bigcirc$	$\bigcirc$	$\bigcap$		7	$\bigcirc$
		$\bigcirc$	$\bigcirc$		X	
07	24	25		New Moon 12:46 am	Sagittarius Season Begins	
23	24	25	26	27	28	29
$\left( \right)$	$( \cdot )$	()	()	()		( )
					First Quarter Moon	

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### December Moon Calendar

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Monthly Moon Cycle Journal Prompt

What energies would you most like to align with during the upcoming lunar cycle and why? How can you create some steps to hold space for this during each phase of the lunar cycle?



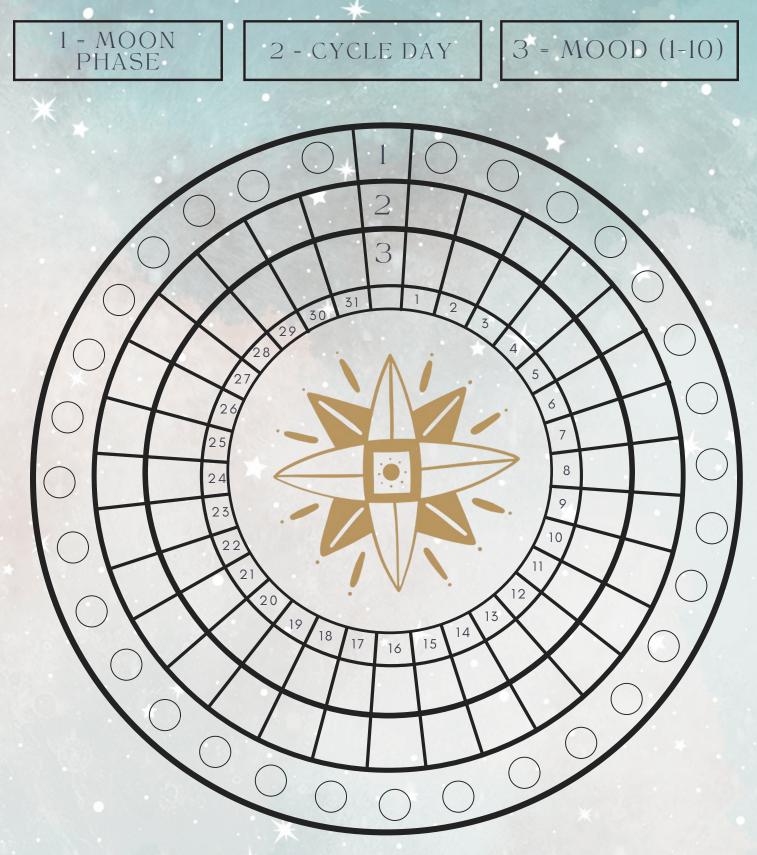




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# Monthly Cycle Calendar

Use the calendar below to track the monthly moon cycle:



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#### Date :

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Three things I am grateful for today are:

#### Daily Reflection:

Goals & Intentions:

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rituals and meditations for connecting with lunar energy



ASHLEY LEAVY



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## LOVE & LIGHT SCHOOL OF CRYSTAL THERAPY

MIMOSA

Ashley Leavy is the owner of Mimosa Books & Gifts and the Founder & Educational Director of the Love & Light School of Crystal Therapy. Ashley is a best selling author & awardwinning crystal healing instructor, with more than 13 years of professional work with crystals. Teaching you to work with crystals to make positive changes for yourself, your friends & family, or your clients (whether you're new to crystal healing or an experienced practitioner) is Ashley's

passion and her purpose. She teaches and certifies thousands of students around the world each year and was voted 'Most Popular Crystal Expert' by Soul & Spirit Magazine. Because of her expertise, Ashley has been featured by NBC, mindbodygreen, Bustle and many others. She is also the author of the best-selling book, Crystals for Energy Healing: A Practical Sourcebook of 100 Crystals and her most recent book, Cosmic Crystals: Rituals and Meditations for Connecting with Lunar Energy. Ashley and the Love & Light School are proud to offer a broad range of training programs & free resources to support you in creating a life that's fully aligned with your soul's purpose.

www.LoveAndLightSchool.com www.MimosaSpirit.com

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